

2024 January

Small Scale Farms
produce available
1:00 pm until gone

Virtual Group

Virtual and In-person

Monday

Tuesday

Wednesday

Thursday

Friday

CLOSED

1

2

Trans & Gender Diverse Group 3
(age 35+) 2:30pm - 4:00pm
Quest Gaymers (ages 14-19)
4:00pm - 5:30pm

Skills to Cope 4
9:30am - 11:30am
Smart Recovery
3:00pm - 4:30pm

5

Client Advisory Committee 8
10:00am-11:00am
Let's Get Moving
1:00pm-2:00pm

9

Community Ties 10
1:30pm- 3:00pm
Heart Smart
1:30pm- 2:30pm

Skills to Cope 11
9:30am - 11:30am
Smart Recovery
3:00pm - 4:30pm
2SLGBTQ+ Youth Social (ages
10-13) 4:00pm-5:30pm

TGIF Cafe & Convo 12
1:30pm-3:00pm

Let's Get Moving 15
1:00pm-2:00pm

Trans & Gender Questioning 16
Youth Group (ages 14-19)
4:00pm - 5:30pm

Heart Smart 17
1:30pm- 2:30pm
Trans & Gender Diverse
Group (age 35+)
2:30pm - 4:00pm

Skills to Cope 18
9:30am - 11:30am
Quest Services: Hot Topic
1:30pm-2:30pm
Smart Recovery
3:00pm- 4:30pm

19

Client Advisory Committee 22
10:00am-11:00am
Let's Get Moving
1:00pm-2:00pm
Hot Topic: Cervical Cancer
Screening (Pap) - 3:00pm-4:00pm

23

Community Ties 24
1:30pm- 3:00pm

Smart Recovery 25
3:00pm- 4:30pm

TGIF Cafe & Convo 26
1:30pm-3:00pm

Let's Get Moving 29
1:00pm-2:00pm

30

31

February 1
Smart Recovery
3:00pm- 4:30pm

2

Wellness
Days
Cancer
Screening
Coach out
front from
9am-3pm