

August

2024

Small Scale Farms
produce available
1:00 pm until gone

Virtual Group

Virtual and In-person

Monday

Tuesday

Wednesday

Thursday

Friday

29

Let's Get Moving (walk) 30
10:00am-11:00am

Skills to Cope 31
1:30pm-3:30pm
Youth Skills Group
4:30- 6:30pm

Smart Recovery 1
3:00pm- 4:30pm
Queer Connections (ages 14-19)
4:00pm - 5:30pm

2

5



Let's Get Moving (walk) 6
10:00am-11:00am
Managing Anxiety
1:30pm-3:30pm

Community Ties 7
1:30pm- 3:00pm
Skills to Cope
1:30pm-3:30pm
Youth Skills Group
4:30- 6:30pm

Smart Recovery 8
3:00pm- 4:30pm
Queer Connections (ages 14-19)
4:00pm - 5:30pm

9

Client Advisory Committee 12
3:00pm-4:00pm

Let's Get Moving (walk) 13
10:00am-11:00am
Managing Anxiety
1:30pm-3:30pm
Creative Writing Outside
1:30pm-3:00pm
Coping and Connections Club
4:30- 6:30pm

Skills to Cope 14
1:30pm-3:30pm
Youth Skills Group
4:30- 6:30pm

Smart Recovery 15
3:00pm- 4:30pm
Queer Connections (ages 14-19)
4:00pm - 5:30pm

TGIF Cafe & Convo 16
1:30pm-3:00pm

2SLGBTQ+ Youth Social 19
(ages 10-13) 4:00pm-5:30pm
Wellness Day: Jeopardy & Prizes!
3:00pm - 4:00pm

Wellness Day
Cancer Screening Coach 9:00am-3:00pm

Let's Get Moving (walk) 20
10:00am-11:00am
Managing Anxiety
1:30pm-3:30pm
Coping and Connections Club
4:30- 6:30pm

Community Ties 21
1:30pm- 3:00pm
Skills to Cope
1:30pm-3:30pm
Youth Skills Group
4:30- 6:30pm

Hot Topic: Connect My Health 22
1:30pm - 2:30pm
Smart Recovery
3:00pm- 4:30pm
Queer Connections (ages 14-19)
4:00pm - 5:30pm

23

Client Advisory Committee 26
3:00pm-4:00pm

Let's Get Moving (walk) 27
10:00am-11:00am
Managing Anxiety
1:30pm-3:30pm
Coping and Connections Club
4:30- 6:30pm

Skills to Cope 28
1:30pm-3:30pm
Youth Skills Group
4:30- 6:30pm

Smart Recovery 29
3:00pm- 4:30pm
Queer Connections (ages 14-19)
4:00pm - 5:30pm

30