

# 2025

# January

Small Scale Farms produce available Thursdays 1:00 pm until gone

Virtual and In-person



Monday

Tuesday

Wednesday

Thursday

Friday

Dec 30

Let's Get Moving <sup>Dec 31</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm



Smart Recovery <sup>2</sup>  
3:00pm- 4:30pm  
Ear Acupuncture (Ages 18+)  
2:00pm -3:00pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

Managing Anxiety <sup>3</sup>  
1:30pm- 3:30pm  
TGIF Cafe & Conversations  
(All ages) 1:30pm- 3:00pm

Creative Writing <sup>6</sup>  
1:30pm-3:00pm

Let's Get Moving <sup>7</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Skills to Cope <sup>8</sup>  
1:30pm-3:30pm  
Community Ties  
1:30pm- 3:00pm  
Youth Skills Group  
4:30- 6:30pm

Smart Recovery <sup>9</sup>  
3:00pm- 4:30pm  
Queer Connections (ages 14-19)  
4:00pm - 5:30pm

<sup>10</sup>

Client Advisory Committee <sup>13</sup>  
3:00pm-4:00pm

Let's Get Moving <sup>14</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Skills to Cope <sup>15</sup>  
1:30pm-3:30pm  
Youth Skills Group  
4:30- 6:30pm

Smart Recovery <sup>16</sup>  
3:00pm- 4:30pm  
Ear Acupuncture (Ages 18+)  
2:00pm -3:00pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

TGIF Cafe & Conversations  
(All ages) 1:30pm- 3:00pm <sup>17</sup>

Creative Writing <sup>20</sup>  
1:30pm-3:00pm

Let's Get Moving <sup>21</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Skills to Cope <sup>22</sup>  
1:30pm-3:30pm  
Community Ties  
1:30pm- 3:00pm  
Youth Skills Group  
4:30- 6:30pm

Smart Recovery <sup>23</sup>  
3:00pm- 4:30pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

<sup>24</sup>

Cancer Screening Coach <sup>27</sup>  
9:00am-3:00pm  
Trivia + Prizes  
2:00pm-3:00pm  
Client Advisory Committee  
3:00pm-4:00pm  
2SLGBTQ+ Youth Social  
(ages 10-13) 4:00pm-5:30pm

Let's Get Moving <sup>28</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Skills to Cope <sup>29</sup>  
1:30pm-3:30pm  
Youth Skills Group  
4:30- 6:30pm

Smart Recovery <sup>30</sup>  
3:00pm- 4:30pm  
Ear Acupuncture (Ages 18+)  
2:00pm -3:00pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

TGIF Cafe & Conversations  
(All ages) 1:30pm- 3:00pm <sup>31</sup>