

 Ear Acupuncture will return in September  
In the meantime you can book individual appointments through front desk

# June

# 2025

 Small Scale Farms produce available Thursdays 1:00 pm until gone

 Virtual and In-person



## Monday

ADHD Empowerment Group <sup>2</sup>  
1:30pm-3:30pm

ADHD Empowerment Group <sup>9</sup>  
1:30pm-3:30pm

ADHD Empowerment Group <sup>16</sup>  
1:30pm-3:30pm

ADHD Empowerment Group <sup>23</sup>  
1:30pm-3:30pm  
Client Advisory Committee  
 3:00pm-4:00pm  
2SLGBTQ+ Youth Social  
(ages 10-13) 4:00pm-5:30pm

ADHD Empowerment Group <sup>30</sup>  
1:30pm-3:30pm

## Tuesday

Let's Get Moving <sup>3</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Let's Get Moving <sup>10</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Let's Get Moving <sup>17</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

Let's Get Moving <sup>24</sup>  
10:00am-11:00am  
Coping and Connections Club  
(Ages 16-25) 4:30- 6:30pm

<sup>July 1</sup>  


## Wednesday

Skills to Cope <sup>4</sup>  
1:30pm-3:30pm  
Youth Skills Group  
4:30- 6:30pm

Skills to Cope <sup>11</sup>  
1:30pm-3:30pm  
Community Ties  
1:30pm- 3:00pm  
Youth Skills Group  
4:30- 6:30pm

Skills to Cope <sup>18</sup>  
1:30pm-3:30pm  
Youth Skills Group  
4:30- 6:30pm

Community Ties <sup>25</sup>  
1:30pm- 3:00pm  
Skills to Cope  
1:30pm-3:30pm  
Youth Skills Group  
4:30- 6:30pm

Youth Skills Group <sup>2</sup>  
4:30- 6:30pm

## Thursday

 Smart Recovery <sup>5</sup>  
3:00pm- 4:30pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

 Smart Recovery <sup>12</sup>  
3:00pm- 4:30pm  
Queer Connections (ages 14-19)  
4:00pm - 5:30pm

 Smart Recovery <sup>19</sup>  
3:00pm- 4:30pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

 Smart Recovery <sup>26</sup>  
3:00pm- 4:30pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

 Smart Recovery <sup>3</sup>  
3:00pm- 4:30pm  
Queer Connections (Ages 14-19)  
4:00pm - 5:30pm

## Friday

 TGIF Cafe & Conversations <sup>6</sup>  
(All ages) 1:30pm- 3:00pm

<sup>13</sup>

Annual General Meeting <sup>20</sup>  
& Community BBQ  
Market Square  
11:30am- 3:00pm  
**Cancer Screening Coach**  
Market Square  
**11:30am-3:00pm**

<sup>27</sup>

 TGIF Cafe & Conversations <sup>4</sup>  
(All ages) 1:30pm- 3:00pm